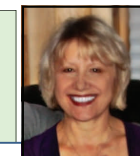


BEAVER VALLEY AGE FRIENDLY COMMUNITY

Age Friendly Seniors' Coordinator
Vickie Fitzpatrick
250.367.7124 or by email
vickief@telus.net



DO YOU KNOW...

There is a Seniors' Ukulele Group that meets at the Fruitvale Memorial Centre on Thursdays from 1:00 -3:00 pm? If you are interested in learning the ukulele come join the group, the more the merrier! Call Ian or Terry for more info at 250-367-9707.

Beaver Valley Age Friendly is hosting a Seniors' First Aid class. This is a great opportunity for our seniors to brush up on their first aid knowledge and skills. The first class is on Monday February 15, however it is full as the maximum size is 10 participants. If you are interested in signing up for a future class please call or email Vickie at 250-367-7124 / vickief@telus.net and she will put your name on the waiting list.

SENIORS LUNCH

January's lunch served 192 smiling faces!! Our 'Miracle Men' once again worked very hard! **THANK YOU** Phil Brooks, Fran Pargeter, Gabe Vandermere and Larry Fitzpatrick for setting up the tables and chairs and Doug Green, Bud Barret, and Roy Plummer for setting all the tables. In the kitchen every month are Larry Fitzpatrick, Carolyn Womacks, Joyce Buckler, Joan Green and Sera Wilcox working hard to serve you a hot lunch, **THANK YOU**. Linda Green, Judy Startup, Lorraine Partridge and Mayor Patricia - our seniors are blessed to have you serve them and our students are so fortunate to have you mentor them, **THANK YOU!** Gracie Derksen, Lexie Browell, Sydney Gardner, Abby Epp, Rachel Rosse, Paige Marrantino, Marci Brooks and Tansie Arnason, **THANK YOU** for your smiling faces and your dedication to our seniors! Irma Maslanko, **THANK YOU** so much for coming early and handing out door prize tickets! And as always, **THANK YOU** to Liberty 'AG' Foods and Marino's Wholesale for your support of our Seniors' programs!



PLEASE NOTE: Age Friendly will not be hosting a lunch in February as we partner with Beaver Valley Recreation to bring you the Seniors' Dinner and Dance on February 4, 2016.

Our next lunch will be **March 15, 2016 @ 12:30** in the Fruitvale Memorial Centre. **Please register on or before March 11, 2016** by calling Dave and Irma 250-367-6185, Koert 250-367-9835, Hilda 250-367-9960 or Vickie 250-367-7124. Please take the time to register on or before the date above as your registration assists me in my meal planning, shopping, setup and being organized for our hard working volunteers!!! Thank you.

COFFEE WITH VICKIE

January's coffee hosted 44 seniors. Lila Cresswell, Chief Administrative Office from the Village of Fruitvale attended our January Seniors' Coffee to educate us on property tax deferral and other great information for seniors. **Thank you** Lila, our seniors really enjoyed you and all the valuable information they received from you.



PLEASE NOTE: The coffee pot will not be on in February as we will be partnering with Beaver Valley Recreation to bring you the Seniors' Dinner and Dance.

Our next Coffee with Vickie will be held on **March 7, 2016 @ 10:30** in the Fruitvale Memorial Centre. Cpl. K.A. (Kelly) Hall from the RCMP Crime Reduction Unit will be our guest speaker. Cpl. Hall will be talking about fraud, scams and much more. **Please register for this coffee party on or before March 04, 2016** by calling Dave and Irma 250-367-6185, Koert 250-367-9835, Hilda 250-367-9960 or Vickie 250-367-7124.

Mountain Side Village Gives Families Peace Of Mind!
Enjoy maintenance-free living suites that incorporate supportive features to promote independence and 24-hour emergency monitoring service for added peace of mind.
If you are interested please call (250) 367-9870

- Meals
- Shuttle Bus
- Activities
- Maintenance
- Housekeeping

THANK YOU TO OUR SUPPORTING PARTNERS



FEBRUARY 2016

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- Housekeeping

Sun	Mon	Tues	Wed	Thurs	Fri	Sat	
	1 Bingo 1:00 pm BVM	2 Carpet Bowling 9:00 am - Noon BVM	3 Ceramics 9:00 am - Noon BVM Cards 1:00 pm BVM	4 Balance Class 11:00 am BVM Seniors' iPad Class 10:00 am - 12 Noon FMC BV Rec Seniors Dinner FMC - tickets must be pre-purchased	SR Citizens' Branch Mtg. 1:30 pm BVM Seniors' Ukulele Class 1:00 - 3:00 pm FMC	5 Line Dance 10:00 - 11:00 am FMC	6
7	8 BC FAMILY DAY Bingo 1:00 pm BVM	9 Carpet Bowling 9:00 am - Noon BVM	10 Ceramics 9:00 am - Noon BVM	11 Balance Class 11:00 am BVM Seniors' Ukulele Class 1:00 - 3:00 pm FMC	Cards 1:00 pm BVM	12 Line Dance 10:00 - 11:00 am FMC	13
14 VALENTINE'S DAY 	15 Bingo 1:00 pm BVM Age Friendly First Aid Class - Class is full 11:00 am FMC	16 Carpet Bowling 9:00 am - Noon BVM	17 Ceramics 9:00 am - Noon BVM	18 Balance Class 11:00 am BVM Seniors' iPad Class 10:00 am - 12 Noon FMC Seniors' Ukulele Class 1:00 - 3:00 pm FMC	Cards 1:00 pm BVM Seniors' Ukulele Class 1:00 - 3:00 pm FMC	19 Line Dance 10:00 - 11:00 am FMC	20
21	22 Bingo 1:00 pm BVM	23 Carpet Bowling 9:00 am - Noon BVM	24 Ceramics 9:00 am - Noon BVM	25 Balance Class 11:00 am BVM Seniors' Ukulele Class 1:00 - 3:00 pm FMC	Cards 1:00 pm BVM	26 Line Dance 10:00 - 11:00 am FMC	27
28	29 Bingo 1:00 pm BVM				Venues BVM - Beaver Valley Manor FMC - Fruitvale Memorial Centre		

BLACK = Fruitvale Senior Citizens Branch 44
 - \$15 membership required for events at BV Manor
 - Contact Wilbur Worstradowski, 250-368-4946

RED = Beaver Valley Age Friendly
 - No membership required for the Age Friendly events
 - Contact Vickie Fitzpatrick, 250-367-7124

BLUE = Community Events
 - May or may not have a fee associated with event
 - Contact the event organizer

If you have a seniors' event you would like posted on the *Age Friendly Event Calendar*, please contact Vickie Fitzpatrick at 250-367-7124 or the Village Office at 250-367-7551 or send your event information to info@village.fruitvale.bc.ca