

BEAVER VALLEY AGE FRIENDLY COMMUNITY

Age Friendly Seniors' Coordinator
Vickie Fitzpatrick
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or by email vickief@telus.net



DO YOU KNOW?

With December being the month of giving, Beaver Valley Age Friendly has renamed this month's Toonie Tuesday Lunch to the "Tuesday Giving Lunch" with all proceeds being donated to the Beaver Valley United Church Food Bank. We are asking our Seniors to donate accordingly to this worthwhile cause.

SENIORS' LUNCH

Beaver Valley Age Friendly welcomed 190 happy, loving seniors to our November TOONIE TUESDAY lunch. THANK YOU Blake Haines and Larry Fitzpatrick for helping to prepare for the Tuesday lunch. To our MIRACLE MEN Doug Green, Gabe Vandermere, Fran Partiger, Vern Womacks and Bud Barrett, THANK YOU for setting up the hall, it looked great!!! Larry Fitzpatrick, Carolyn Womacks, Joyce Buckler, Joan Green, Sera Wilcox and Kelly Moore, THANK YOU, lunch was absolutely delicious!!! Kelly Moore THANK YOU for greeting our guests at the door. Irma Maslanko THANK YOU for giving out the door prize tickets. Linda Green, Laurel Moore, Lee-Anne Halifax and Mayor Patricia THANK YOU for serving our seniors and mentoring our students! To our Fruitvale Elementary students Jaydan Pearman, Rannde Wyatt, Destiny Hildahl, Caitlin Speer, Kaylyn Baril, Nadja Perreault, Anna Shin and Mikhayla Sellars THANK YOU for your smiles and hard work! And finally, for our door prize, a huge THANK YOU is sent to the anonymous donor of the beautiful crocheted afghan!!!

The December 'Tuesday Giving Lunch' will be held on **Tuesday, December 20th, 2016 at 12:30pm**. All donations for the lunch will be given to the BV United Church Food Bank. **PLEASE ENSURE YOU REGISTER ON OR BEFORE FRIDAY, DECEMBER 16TH, 2016** by calling Hilda 250-367-9960, Koert 250-367-9835, Dave and Irma 250-367-6185 or Vickie 250-367-7124 (leave a message).

SENIORS' COFFEE

Our next **Seniors' Coffee** will be held on **Monday, December 12th, 2016 @ 10:30 am** in the Fruitvale Memorial Centre. This will be the first of our "Live and Learn" sessions. Our guest speaker will be Corky Evans. Corky is a noted storyteller and historian who shares his wealth of Kootenay knowledge and colourful experiences with many groups around BC.

Corky Evans hails from Winlaw, BC but was originally from California and is a naturalized Canadian citizen. He has experienced a varied career, having worked as a stevedore, logger, tree-planter, heavy-equipment operator, first-aid attendant, highways surveyor, and recently – farmer. But Corky is mostly known as a very active politician for 20 years, a long time BC MLA(NDP) who retired from Provincial politics in 2009. Corky rightfully is very proud of his career in politics, overseeing important Provincial and local projects, some notable ones such as the creation of the Columbia Basin Trust and the BC Sharing Charitable Food Program.

PLEASE CALL VICKIE TO REGISTER FOR THIS COFFEE SESSION ON OR BEFORE DECEMBER 9, 2016 - contact information is at the top of this page.

SENIORS' GYM

Users of the GYM are reminded **to not wear outside shoes** in the GYM area. Please ensure that you wear a clean pair of shoes when using the GYM. We also ask that you remember to wipe down the equipment when you are finished using it. The GYM is kept clean by a group of volunteers who truly appreciate your help in keeping your GYM clean. Thank you!

On behalf of all of us at Beaver Valley Age Friendly, we wish you a very Merry Christmas and look forward to seeing you all in 2017!



Mountain Side Village Gives Families Peace Of Mind!

Enjoy maintenance-free living suites that incorporate supportive features to promote independence and 24-hour emergency monitoring service for added peace of mind.

If you are interested please call (250) 367-9870

- Meals
- Shuttle Bus
- Activities
- Maintenance
- Housekeeping

THANK YOU TO OUR SUPPORTING PARTNERS



DECEMBER 2016

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
VENUES BVM - Beaver Valley Manor FMC - Fruitvale Memorial Centre			BVCC - BV Curling Club BVL - BV Lanes		1 Seniors' Curling 10:00 am - Noon BVCC Branch #44 General Meeting 1:30 pm BVM	2 Line Dance 10:00 - 11:00 am FMC	3
4	5 CBAL Seniors Computer Lessons 10:00 - 11:30 am FMC Bingo 1:00 pm BVM	6 Seniors' Curling 10:00 am - Noon BVCC Carpet Bowling 10:00 am - Noon BVM	7 Seniors' Curling 10:00 am - Noon BVCC Ceramics 9:00 am - Noon BVM	8 Seniors' Curling 10:00 am - Noon BVCC Cards 1:00 pm BVM	9 Line Dance 10:00 - 11:00 am FMC	10	
11	12 Seniors' Coffee 10:30 am FMC Special Guest: Corky Evans Bingo 1:00 pm BVM	13 Seniors' Curling 10:00 am - Noon BVCC Carpet Bowling 10:00 am - Noon BVM	14 Seniors' Curling 10:00 am - Noon BVCC Ceramics 9:00 am - Noon BVM	15 Seniors' Curling 10:00 am - Noon BVCC Cards 1:00 pm BVM	16 Line Dance 10:00 - 11:00 am FMC	17	
18	19 Bingo 1:00 pm BVM	20 Tuesday Giving Lunch 12:30 pm FMC Seniors' Curling 10:00 am - Noon BVCC Carpet Bowling 10:00 am - Noon BVM	21 Seniors' Curling 10:00 am - Noon BVCC	22 Seniors' Curling 10:00 am - Noon BVCC Cards 1:00 pm BVM	23	24	
25 	26 Bingo 1:00 pm BVM	27 Seniors' Curling 10:00 am - Noon BVCC	28 Seniors' Curling 10:00 am - Noon BVCC	29 Seniors' Curling 10:00 am - Noon BVCC Cards 1:00 pm BVM	30	31	

BLACK = Fruitvale Senior Citizens Branch 44
 - \$15 membership required for events at BV Manor
 - Contact Wilbur Worstradowski, 250-368-4946

RED = Beaver Valley Age Friendly
 - No membership required for the Age Friendly events
 - Contact Vickie Fitzpatrick, 250-367-7124

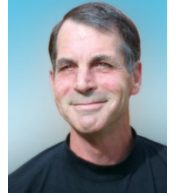
BLUE = Community Events
 - May or may not have a fee associated with event
 - Contact the event organizer

If you have a seniors' event you would like posted on the *Age Friendly Event Calendar*, please contact Vickie Fitzpatrick at 250-367-7124 or the Village Office at 250-367-7551 or send your event information to info@village.fruitvale.bc.ca



BEAVER VALLEY AGE FRIENDLY presents
"LIVE & LEARN" with CORKY EVANS

Corky is a noted storyteller and historian who shares his wealth of Kootenay knowledge and colourful experiences with many groups around BC.



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We are sure you will enjoy Corky's visit with us and find it both amusing and educational.

JOIN US FOR COFFEE ON DECEMBER 12, 2016

@ 10:30 in the FRUITVALE MEMORIAL CENTRE

As this will be a popular event, please register in advance

before December 9th by calling Vickie at 250-367-7124.