

BEAVER VALLEY AGE FRIENDLY COMMUNITY

Age Friendly Seniors' Coordinator
Vickie Fitzpatrick
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SENIORS' LUNCH

Our November Toonie Tuesday lunch had 179 people socializing and enjoying lunch together! To our Miracle Men; Doug Green, Rick Hammond, Gabe Vandermeer, Fran Parteger, Roy Plummer and Bud Barrett - THANK YOU!!! Irma Maslanko THANK YOU for handing out the door prize tickets!! Brian Prodaniuk, Larry Fitzpatrick, Carolyn Womacks, Eve Lobban and Joan Green THANK YOU for your hard work in the kitchen!!!! THANK YOU to our servers Lee-Anne Halifax, Lorraine Partridge, Madeline Harlamovs, Nilla Mailey, Judy Startup and Mayor Patricia Cecchini! THANK YOU to Fruitvale Elementary students Macayla Fuhrmann, Keirra Hallborg, Shelbi Ashbi, Emma Partridge, Olivya Teasdale, Grace Martin, Brooklin Boucher and Isabella Meaks for helping serve our seniors! We appreciate each and every one of our volunteers!!

Our next Toonie lunch is on **Tuesday, December 19, 2017 @ 12:30pm** in the Fruitvale Memorial Centre. Please register by **Monday, Dec 11** ([note the registration deadline has changed](#)) by calling Irma and Dave @ 250-367-6185, Koert @ 250-367-9835 or Vickie @ 250-367-7124.

COFFEE WITH VICKIE

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Thanks to everyone who came to the November coffee. THANK YOU to Nate Capitol, Avery Scott, Mercedes Moncrief and Meghan Hancock for serving coffee and goodies at our November Coffee.

Our December coffee, being held on **Monday, December 11th at 10:30am** in the Fruitvale Memorial Hall, will be jam-packed with information. In attendance will be Jane Powers from IHA Home Support to give a presentation on how home support works and to answer your questions about home support. Also attending will be Bryan Henry and Sandi McCreight. As this will be a popular session, **registration is required - deadline is Friday, December 8th**. Please contact Vickie at 250-367-7124 (leave a message please) to register.

BOWLING WITH SENIORS

Fruitvale Elementary School teacher, Corrine Treasure, approached Age Friendly to ask if our seniors would be interested in joining her 20 grade one students at the BV Lanes. Our seniors were delighted to help out! The seniors had four or five students on each team and assisted them not only by demonstrating how to bowl when it was their turn, but by teaching them how to hold the ball and aim for the center pin. The students even threw some strikes! More importantly though was that everyone involved had so much fun! Thank you to Ms. Treasure and her students for inviting us.

BV DYNAMIC AGING SOCIETY

BV Dynamic Aging is a registered non-profit society that exists solely to improve community life for Beaver Valley residents of all ages by raising funds and supporting activities and programs. The aims of the Society are as follows:

- to provide opportunities for learning to enhance the quality of life for individuals and organized groups;
- to provide opportunities for social interactions for individuals and organized groups;
- to provide opportunities for physical and mental exercise for individuals and organized groups;
- to promote open, active interactions between individuals to enhance adaptation to change and/or aging;
- to source and provide funding for community opportunities for learning, social interaction, physical and mental exercise programs; and
- to provide similar and related services as determined by the membership.



Basically this means if you have an idea or event that you think would be of benefit to BV residents, contact us at BVDAS Secretary, PO Box 504, Fruitvale, BC (250-231-7973 leave a message) and pitch your idea.

We would also like to invite you to become a member, or better yet, to consider being a Board Director or volunteer for our Society. We will be having an Annual General Meeting in January (date to be determined) and will be selling memberships (\$1) at the Village Office, or at the January Seniors' Lunch. We welcome members of all ages (16+) residing in Fruitvale, Montrose or Electoral Area A to join us and create a better community!

Mountain Side Village Gives Families Peace Of Mind!

Enjoy maintenance-free living suites that incorporate supportive features to promote independence and 24-hour emergency monitoring service for added peace of mind.

If you are interested please call (250) 367-9870

- Meals
- Shuttle Bus
- Activities
- Maintenance
- Housekeeping


THANK YOU TO OUR SUPPORTING PARTNERS



DECEMBER 2017

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Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
VENUES BVM - Beaver Valley Manor FMC - Fruitvale Memorial Centre BVL - Beaver Valley Lanes		MH - Montrose Hall BVCC - Beaver Valley Curling Club			1 Seniors' Line Dancing 9:00am @ FMC Seniors' 55+ Bowling 1:00-3:00pm @ BVL	2
3	4 BV Senior Ladies Curling 12:30pm @ BVCC Bingo 1:00pm @ BVM Montrose Sr. Cards 7:00pm @ MH	5 Carpet Bowling 10-11:30am @ BVM	6 Ceramics 9:00am - Noon @ BVM Senior Men's Curling 10:00am - Noon @BVCC BV Senior Ladies Curling 12:30pm @ BVCC	7 Senior Men's Curling 10:00am - Noon @BVCC Cards 1:00pm @ BVM	8 Seniors' Line Dancing 9:00am @ FMC Seniors' 55+ Bowling 1:00-3:00pm @ BVL Last day to register for Seniors' Coffee	9
10 Beaver Valley Coffee House Music Evening 7:00pm MH	11 Seniors' Coffee 10:30am @ FMC BV Senior Ladies Curling 12:30pm @ BVCC Bingo 1:00pm @ BVM Last day to register for Toonie Tuesday Lunch	12 Carpet Bowling 10-11:30am @ BVM Senior Men's Curling 10:00am - Noon @BVCC BVCC	13 Cards 1:00pm @ BVM Senior Men's Curling 10:00am - Noon @BVCC BV Senior Ladies Curling 12:30pm @ BVCC	14 Senior Men's Curling 10:00am - Noon @BVCC Branch 44 General Meeting 1:30pm @ BVM	15 Seniors' Line Dancing 9:00am @ BVCC Seniors' 55+ Bowling 1:00-3:00pm @ BVL Branch 44 Christmas Dinner 5:00pm @ BVM	16
17	18 BV Senior Ladies Curling 12:30pm @ BVCC Bingo 1:00pm @ BVM Montrose Sr. Cards 7:00pm @ MH	19 Carpet Bowling 10-11:30am @ BVM Toonie Tuesday Lunch 12:30pm @ FMC Senior Men's Curling 10:00am - Noon @BVCC BVCC	20 Ceramics 9:00am - Noon @ BVM	21 Cards 1:00pm @ BVM	22	23
24	25 	26 BOXING DAY	27	28 Cards 1:00pm @ BVM	29	30
31						

BLACK = Fruitvale Senior Citizens Branch 44
 - \$15 membership required for events at BV Manor
 - Contact Wilbur Worstradowski, 250-368-4946

RED = Beaver Valley Age Friendly
 - No membership required for the Age Friendly events
 - Contact Vickie Fitzpatrick, 250-367-7124

BLUE = Community Events
 - May or may not have a fee associated with event
 - Contact the event organizer

If you have a seniors' event you would like posted on the *Age Friendly Event Calendar*, please contact Vickie Fitzpatrick at 250-367-7124 or the Village Office at 250-367-7551 or send your event information to info@village.fruitvale.bc.ca