

# BEAVER VALLEY AGE FRIENDLY COMMUNITY

Age Friendly Seniors' Coordinator  
Vickie Fitzpatrick  
250.367.7124 home, 250.512.9379 cell  
or by email [vickief@telus.net](mailto:vickief@telus.net)



## SENIORS' LUNCH

Our October TOONIE TUESDAY lunch hosted 178 attendees. Bryan Henry, the newly appointed Community Paramedic joined us for lunch. Bryan visited the majority of the seniors that attended our lunch, answering their questions and listening to their concerns.

To our MIRACLE MEN Fran Pargeter, Gabe Vandermeer, Doug Green, Roy Plummer, Rick Hammond and Vern Womacks - THANK YOU!! To Irma Maslanko, THANK YOU for coming early every month to give out the door prize tickets!! Kelly Moore, THANK YOU for welcoming our seniors!! In the kitchen Sera Wilcox, Larry Fitzpatrick, Brian Prodaniuk, Carolyn Womacks, Joyce Buckler, Joan Green and Eve Loben - once again lunch was delicious and THANK YOU for all your hard work!!! Linda Green, Lorraine Partridge, Judy Startup and Laurel Moore, THANK YOU for serving our seniors and mentoring our Fruitvale Elementary students Micayla Fuhrman, Keira Hallborg, Emma Partridge, Mercedes Moncrief, Nate Caputo, Shelby Ashby and Brooklyn Boucher - THANK YOU for brightening our day!! To Kelly Moore and Jim Partridge, a special THANK YOU for washing all those dishes!!

I would like to thank Doug & Gail Mervin along with all the seniors that attended our June TOONIE TUESDAY lunch for your donation to our Volunteer Appreciation Dinner. Susan Dar cooked an amazing dinner for our Age Friendly Volunteers!!! This was a very heartfelt occasion as Susan catered this elegant evening free of charge....SUSAN VOLUNTEERED FOR OUR VOLUNTEERS!! I have said this many times...I LOVE WHERE I LIVE!

Our next TOONIE TUESDAY lunch is on November 21<sup>st</sup>, 2017 at 12:30pm in the Fruitvale Memorial Hall. Please register on or before Friday November 17<sup>th</sup> by calling Irma and Dave @ 250-367-6185, Koert @ 250-367-9835 or Vickie @ 250-367-7124.

## COFFEE WITH VICKIE

Our October coffee session was cancelled due to illness. Bryan Henry, Community Paramedic, and I are working on the lock-boxes for our seniors. I am currently trying to confirm a date for Jane Powers from IHA to come and talk to us. Our next coffee is set for November 14<sup>th</sup>, 2017 at 10:30 am in the Fruitvale Memorial Hall.

## SENIORS' LINE DANCING

Due to the Fruitvale Memorial Hall being unavailable, the Seniors' Line Dancing has been moved to the Beaver Valley Curling Rink on November 3<sup>rd</sup>, 10<sup>th</sup> and 17<sup>th</sup>.

## SWINGSATIONS DANCE

The Rusty Relics are hosting an evening of music and dancing to the big band sounds of the SwingSationS on Friday, November 24<sup>th</sup> from 7:30pm - 10:30pm at the Fruitvale Memorial Hall. Tickets are \$20 each and can be purchased at Country Roads on Main Street in Fruitvale, BC.

## MONROSE CARD CLUB

Do you like playing cribbage and whist? The Montrose Card Club meets every other Monday evening at the Montrose Hall. Doors open at 6:15pm. We have coffee, snacks and fun! Most of the group are seniors, but pre-seniors are also welcome to join. There is a \$2.50 per player charge to help cover the cost of the hall rental and prizes. The next cards nights are November 6<sup>th</sup> and 20<sup>th</sup>. Bring a friend for an evening of socializing and having fun playing cards. New members are always welcome.

**Mountain Side Village Gives Families Peace Of Mind!**  
Enjoy maintenance-free living suites that incorporate supportive features to promote independence and 24-hour emergency monitoring service for added peace of mind.  
If you are interested please call (250) 367-9870

-Meals  
-Shuttle Bus  
-Activities  
-Maintenance  
-Housekeeping


**THANK YOU TO OUR SUPPORTING PARTNERS**



# NOVEMBER 2017

**Mountain Side Village Gives Families Peace Of Mind!**  
 Enjoy maintenance-free living suites that incorporate supportive features to promote independence and 24-hour emergency monitoring service for added peace of mind.  
 If you are interested please call (250) 367-9870

- Meals
- Shuttle Bus
- Activities
- Maintenance
- Housekeeping

Monday	Tuesday	Wednesday	Thursday	Friday	Sat
<b>VENUES</b> <b>BVM - Beaver Valley Manor</b> <b>MH - Montrose Hall</b> <b>FMC - Fruitvale Memorial Centre</b> <b>BVL - Beaver Valley Lanes</b> <b>BVCC - Beaver Valley Curling Club</b>		<b>1</b> <b>Ceramics</b> <b>9:00am - Noon @ BVM</b> <b>Senior Men's Curling</b> <b>10:00am - Noon @BVCC</b> <b>BV Senior Ladies Curling</b> <b>12:30pm @ BVCC</b>	<b>2</b> <b>Cards</b> <b>1:00pm @ BVM</b> <b>Senior Men's Curling</b> <b>10:00am - Noon @BVCC</b>	<b>3</b> <b>Seniors' Line Dancing</b> <b>10:00-11:00am @ BVCC</b> <b>Senior Men's Curling</b> <b>10:00am - Noon @BVCC</b> <b>Seniors' 55+ Bowling</b> <b>1:00-3:00pm @ BVL</b>	<b>4</b> <b>Ceramics</b> <b>Christmas Sale</b> <b>@ BVM</b>
<b>6</b> <b>Senior Men's Curling</b> <b>10:00am - Noon @BVCC</b> <b>BV Senior Ladies Curling</b> <b>12:30pm @ BVCC</b> <b>Bingo</b> <b>Montrose Sr. Cards</b> <b>1:00pm @ BVM</b> <b>7:00pm @ MH</b>	<b>7</b> <b>Carpet Bowling</b> <b>10:00am-Noon @ BVM</b> <b>Senior Men's Curling</b> <b>10:00am - Noon @BVCC</b>	<b>8</b> <b>Ceramics</b> <b>9:00am - Noon @ BVM</b> <b>Cards</b> <b>1:00pm @ BVM</b> <b>Senior Men's Curling</b> <b>10:00am - Noon @BVCC</b> <b>BV Senior Ladies Curling</b>	<b>9</b> <b>Branch #44</b> <b>General Meeting</b> <b>1:30pm @ BVM</b> <b>Senior Men's Curling</b> <b>10:00am - Noon @BVCC</b>	<b>10</b> <b>Seniors' Line Dancing</b> <b>10:00-11:00am @ BVCC</b> <b>Senior Men's Curling</b> <b>10:00am - Noon @BVCC</b> <b>Seniors' 55+ Bowling</b> <b>1:00-3:00pm @ BVL</b>	<b>11</b>  <small>Remembrance Day November 11</small> <b>Service</b> <b>10:45 am @</b> <b>Cenotaph</b>
<b>13</b> <b>Senior Men's Curling</b> <b>10:00am - Noon @BVCC</b> <b>Seniors' Coffee</b> <b>10:30am @ FMC</b> <b>BV Senior Ladies Curling</b> <b>12:30pm @ BVCC</b> <b>Bingo</b> <b>1:00pm @ BVM</b>	<b>14</b> <b>Carpet Bowling</b> <b>10:00-Noon @ BVM</b> <b>Senior Men's Curling</b> <b>10:00am - Noon @BVCC</b>	<b>15</b> <b>Ceramics</b> <b>9:00am - Noon @ BVM</b> <b>Senior Men's Curling</b> <b>10:00am - Noon @BVCC</b> <b>BV Senior Ladies Curling</b> <b>12:30pm @ BVCC</b>	<b>16</b> <b>Cards</b> <b>1:00pm @ BVM</b> <b>Senior Men's Curling</b> <b>10:00am - Noon @BVCC</b>	<b>17</b> <b>Seniors' Line Dancing</b> <b>10:00-11:00am @ BVCC</b> <b>Senior Men's Curling</b> <b>10:00am - Noon @BVCC</b> <b>Seniors' 55+ Bowling</b> <b>1:00-3:00pm @ BVL</b> <b>Last day to register for</b> <b>Toonie Tuesday Lunch</b>	<b>18</b>
<b>20</b> <b>Senior Men's Curling</b> <b>10:00am - Noon @BVCC</b> <b>BV Senior Ladies Curling</b> <b>12:30pm @ BVCC</b> <b>Bingo</b> <b>Montrose Sr. Cards</b> <b>1:00pm @ BVM</b> <b>7:00pm @ MH</b>	<b>21</b> <b>Carpet Bowling</b> <b>10:00am-Noon @ BVM</b> <b>Toonie Tuesday Lunch</b> <b>12:30pm @ FMC</b> <b>Senior Men's Curling</b> <b>10:00am - Noon @BVCC</b>	<b>22</b> <b>Ceramics</b> <b>9:00am - Noon @ BVM</b> <b>Senior Men's Curling</b> <b>10:00am - Noon @BVCC</b> <b>BV Senior Ladies Curling</b> <b>12:30pm @ BVCC</b>	<b>23</b> <b>Cards</b> <b>1:00pm @ BVM</b> <b>Senior Men's Curling</b> <b>10:00am - Noon @BVCC</b>	<b>24</b> <b>Seniors' Line Dancing</b> <b>10:00-11:00am @ FMC</b> <b>Senior Men's Curling</b> <b>10:00am - Noon @BVCC</b> <b>Seniors' 55+ Bowling</b> <b>1:00-3:00pm @ BVL</b>	<b>25</b>
<b>27</b> <b>Senior Men's Curling</b> <b>10:00am - Noon @BVCC</b> <b>BV Senior Ladies Curling</b> <b>12:30pm @ BVCC</b> <b>Bingo</b> <b>1:00pm @ BVM</b>	<b>28</b> <b>Carpet Bowling</b> <b>10:00am-Noon @ BVM</b> <b>Senior Men's Curling</b> <b>10:00am - Noon @BVCC</b>	<b>29</b> <b>Ceramics</b> <b>9:00am - Noon @ BVM</b> <b>Senior Men's Curling</b> <b>10:00am - Noon @BVCC</b> <b>BV Senior Ladies Curling</b> <b>12:30pm @ BVCC</b>	<b>30</b> <b>Cards</b> <b>1:00pm @ BVM</b> <b>Senior Men's Curling</b> <b>10:00am - Noon @BVCC</b>		

**BLACK = Fruitvale Senior Citizens Branch 44**  
 - \$15 membership required for events at BV Manor  
 - Contact Wilbur Worstradowski, 250-368-4946

**RED = Beaver Valley Age Friendly**  
 - No membership required for the Age Friendly events  
 - Contact Vickie Fitzpatrick, 250-367-7124

**BLUE = Community Events**  
 - May or may not have a fee associated with event  
 - Contact the event organizer

If you have a seniors' event you would like posted on the *Age Friendly Event Calendar*, please contact Vickie Fitzpatrick at 250-367-7124 or the Village Office at 250-367-7551 or send your event information to [info@village.fruitvale.bc.ca](mailto:info@village.fruitvale.bc.ca)