

BEAVER VALLEY AGE FRIENDLY COMMUNITY

Age Friendly Seniors' Coordinator
Vickie Fitzpatrick
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or by email vickief@telus.net



DO YOU KNOW?

The Beaver Valley Dynamic Aging Society is hosting a fundraiser for Beaver Valley Age Friendly, 'SIPS AND SPARKLES..A Ladies Night to Shine' on November 5, 2016. I am happy to say that all tickets have been sold!! There will be a silent auction at this event, so if you or someone you know would like to donate an item for the silent auction please contact Vickie (contact info at the top of the page). We welcome your donation.

The Fruitvale Elementary School is looking for crossing guards to ensure our children cross the road to the school grounds safely. If you are able to help, please contact Principal Berdusco at 250-367-7541.



SENIORS' LUNCH

We welcomed 162 happy seniors at our October Toonie lunch. Thank you to Blake Haines who so readily came and helped me do my food prep on Monday! Thank you to our hard working "Miracle Men" - Doug Green, Gabe Vandermere, Roy Plummer, Fran Partiger, Bud Barrett and Vern Womacks. Thank you Irma Maslanko for coming every month and giving out our door prize tickets. Kelly Moore, thanks for being the first person our seniors see when they arrive at the luncheon to your warm welcome AND for being our official "dishman". To Brenda Plamondon, thank you for continually giving me fantastic door prizes for the monthly lunches. To Carolyn Womacks, Sera Wilcox, Joan Green, and Linda Green THANK YOU for our scrumptious lunch. Big thanks to Judy Startup, Lee-Anne Halifax, Linda Green and Mayor Patricia for serving our seniors their lunch! We missed our Fruitvale Elementary School students this month! Last but definitely not least, thank you to all the seniors who chipped in to help us clear plates - your help was greatly appreciated and it sure made clean-up much easier!

The next **Toonie Tuesday Lunch** is on **Tuesday, November 15th, 2016** in the Fruitvale Memorial Centre @ 12:30 pm. **PLEASE MAKE SURE TO REGISTER ON OR BEFORE FRIDAY, NOVEMBER 11TH** by calling Hilda 250-367-9960, Koert 250-367-9835, Dave and Irma 250-367-6185 or Vickie 250-367-7124 (leave a message).

SENIORS' COFFEE

Our October coffee group was once again full of great ideas of what our seniors want, which in part is to "Live and Learn". We discussed having guest speakers, such as Corky Evans, Kelly from the RCMP to talk about frauds and scams, Joanna Linardis Massage Therapist, Ken from All the Way Home and the BC Historical Society. Patricia spoke with Corky Evans and he is looking forward to spending time with our seniors at the December 12, 2016 Coffee. The Columbia Basin Alliance for Literacy (CBAL) will be hosting weekly drop-in sessions of "Computers for Seniors" starting Monday, November 7 from 10:00 to 11:30 am in the Fruitvale Memorial Centre. Classes will cover iPad, iPhone, laptop and any and all electronic devices, so bring your device and learn how to use it. Doug and Elizabeth passed out a sign-in sheet for cards and dance at our luncheon and we had an overwhelming response! 26 seniors signed up for cards, including Canasta and board games. For a once-month Friday afternoon dance, 24 people signed up. Needless to say, we will be hosting both of these events for our seniors shortly so keep a watch for dates in our future newsletters.

There will be no Seniors' Coffee in November because of the computer classes, therefore our next **Seniors Coffee** will be held on **Monday, December 12th, 2016 @ 10:30 am** in the Fruitvale Memorial Centre. This will be the first of our "Live and Learn" sessions with guest speaker Corky Evans. **PLEASE CALL VICKIE TO REGISTER FOR THIS COFFEE SESSION ON OR BEFORE DECEMBER 9, 2016** - contact information is at the top of this page.

Mountain Side Village Gives Families Peace Of Mind!
Enjoy maintenance-free living suites that incorporate supportive features to promote independence and 24-hour emergency monitoring service for added peace of mind.
If you are interested please call (250) 367-9870

- Meals
- Shuttle Bus
- Activities
- Maintenance
- Housekeeping

THANK YOU TO OUR SUPPORTING PARTNERS




NOVEMBER 2016

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Seniors' Curling 10:00 am - Noon BVCC Carpet Bowling 10:00 am- Noon BVM	2 Seniors' Curling 10:00 am - Noon BVCC Ceramics 9:00 am - Noon BVM	3 Seniors' Curling 10:00 am - Noon BVCC Branch #44 General Meeting 1:00 pm BVM	4 Line Dance 10:00 - 11:00 am BVCC	5
6	7 CBAL Seniors Computer Lessons 10:00 - 11:30 am FMC Bingo 1:00 pm BVM	8 Seniors' Curling 10:00 am - Noon BVCC Carpet Bowling 10:00 am - Noon BVM	9 Seniors' Curling 10:00 am - Noon BVCC Ceramics 9:00 am - Noon BVM	10 Seniors' Curling 10:00 am - Noon BVCC Cards 1:00 pm BVM	11 REMEMBRANCE DAY SERVICE 10:45 am Cenotaph  Craft Fair 10:00 am - 7:00 pm FMC	12 Craft Fair 10:00 am - 4:00 pm FMC
13	14 CBAL Seniors Computer Lessons 10:00 - 11:30 am FMC Bingo 1:00 pm BVM	15 Seniors' Curling 10:00 am - Noon BVCC Carpet Bowling 10:00 am - Noon BVM Toonie Tuesday Lunch 12:30 pm FMC	16 Seniors' Curling 10:00 am - Noon BVCC Ceramics 9:00 am - Noon BVM	17 Seniors' Curling 10:00 am - Noon BVCC Cards 1:00 pm BVM	18 Line Dance 10:00 - 11:00 am FMC	19
20	21 CBAL Seniors Computer Lessons 10:00 - 11:30 am FMC Bingo 1:00 pm	22 Seniors' Curling 10:00 am - Noon BVCC Carpet Bowling 10:00 am - Noon BVM	23 Seniors' Curling 10:00 am - Noon BVCC Ceramics 9:00 am - Noon BVM	24 Seniors' Curling 10:00 am - Noon BVCC Cards 1:00 pm BVM	25 Line Dance 10:00 - 11:00 am FMC	26
27	28 CBAL Seniors Computer Lessons 10:00 - 11:30 am FMC Bingo 1:00 pm BVM	29 Seniors' Curling 10:00 am - Noon BVCC Carpet Bowling 10:00 am - Noon BVM	30 Seniors' Curling 10:00 am - Noon BVCC Ceramics 9:00 am - Noon BVM	VENUES BVM - Beaver Valley Manor BVCC - BV Curling Club FMC - Fruitvale Memorial Centre BVL - BV Lanes		

BLACK = Fruitvale Senior Citizens Branch 44
 - \$15 membership required for events at BV Manor
 - Contact Wilbur Worstradowski, 250-368-4946

RED = Beaver Valley Age Friendly
 - No membership required for the Age Friendly events
 - Contact Vickie Fitzpatrick, 250-367-7124

BLUE = Community Events
 - May or may not have a fee associated with event
 - Contact the event organizer

If you have a seniors' event you would like posted on the *Age Friendly Event Calendar*, please contact Vickie Fitzpatrick at 250-367-7124 or the Village Office at 250-367-7551 or send your event information to info@village.fruitvale.bc.ca