

BEAVER VALLEY AGE FRIENDLY COMMUNITY

Age Friendly Seniors' Coordinator
Vickie Fitzpatrick
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DO YOU KNOW?

The Beaver Valley Dynamic Aging Society memberships are available at the Village of Fruitvale Office, the Age Friendly Coffee and the Toonie Tuesday lunches. Membership costs \$1.00 per year and is open to all Beaver Valley residents regardless of age.

WELCOME TO SEPTEMBER! I hope everyone had a great summer and are ready to get back to our Age Friendly monthly events.

SENIORS' LUNCH

Our June 'Toonie Tuesday' lunch served 165 smiling faces! THANK YOU to Irma Maslanko for volunteering to greet our guests over the last year. THANK YOU to Kelly Moore for escorting our guests into the hall. A huge THANKS to our MIRACLE MEN Bud Barrett, Gabe Vandermeer, Fran Pargeter, Vern Womacks, Doug Green, Phil Brooks and Roy Plummer, who for the past 2 years have set up the hall every month! Our kitchen volunteers - Carolyn Womacks, Joan Green, Joyce Buckler, Sera Wilcox, Kelly Moore and JT Hanik - THANK YOU, your hard work and dedication is heartwarming! To Linda Green and Laurel Moore, you so kindly take the time to mentor our Fruitvale Elementary students with humour - THANK YOU!!! To our Fruitvale Elementary students Ava Farias, Madysson Weatherford, Kaela Kuruloc, Gracie Derksen, Madi Fraser, Zoe Giles, Marci Brooks and Paige Marrandino, THANK YOU for doing such a great job serving our seniors!! GOOD LUCK at JL Crowe! To Koert & Carol, Hilda, and Dave & Irma THANK YOU for taking the reservation calls for our lunch and special events for the past few years!!!! Without the dedication of our volunteers, we would not be able to bring this great event to our Age Friendly community.

The next **Toonie Tuesday Lunch** is on **Tuesday, September 20th, 2016** in the Fruitvale Memorial Centre @ 12:30 pm. **Please register on or before Friday, September 16th** by calling Hilda 250-367-9960, Koert 250-367-9835, Dave and Irma 250-367-6185 or Vickie 250-367-7124 (leave a message).

COFFEE WITH VICKIE

Our June coffee group had some fantastic ideas! We discussed a need for our Widows and Widowers to have an opportunity to meet as well as the possibility of having another bus tour to the Gold Fever Follies. THANK YOU to the Fruitvale Elementary students who served at our June coffee, Kaela Kuruloc, Zoe Giles, Tansie Arnason, Madi Fraser, Paige Marrandino, Rachel Rosse, Sydney Gardner and Madysson Weatherford, FOR YOUR HARD WORK AND DEDICATION. We wish you good luck as you move up to J. Lloyd Crowe!!

BV Age Friendly hosted a wine and cheese evening at the Fruitvale Memorial Hall for our Widows in July. This was a very positive and well received event! We had planned a burger and brew evening for our widowers in August, unfortunately this event was canceled due to lack of interest, which is a good thing as obviously they are already meeting. In August, we had the Gold Fever Follies bus tour which was a huge success! Thank you to the BV Nitehawks for the use of their bus; thank you to Mayor Patricia through the Dynamic Aging Society for sponsoring the bus; and thank you to Steve, the best bus driver around! To Gabriella at the Prestige in Rossland, thank you for the fantastic food you prepared for us....DELICIOUS!

The September **Coffee with Vickie** is on **Monday, September 12th, 2016 @ 10:30 am** in the Fruitvale Memorial Centre.

SENIORS' CARPET BOWLING



Carpet bowling has proven to be an activity greatly enjoyed by many seniors in the area. On September 20th and 27th from 10:00 to 11:30 am in the recreation room at the Beaver Valley Manor you can find out about carpet bowling and try your hand at this game. Carpet bowlers will be on hand to help you. If you are interested in playing and being part of a team or if you just want to know more about carpet bowling please feel free to attend. Those who have played previously can come along to practise or to sign up for playing again this season. Teams will be formed by October 4th. The league schedule for seniors' carpet bowling league will begin just after the Thanksgiving weekend on Tuesday, October 11th. For further information please phone Bob at 250-367-7603.

Mountain Side Village Gives Families Peace Of Mind!

Enjoy maintenance-free living suites that incorporate supportive features to promote independence and 24-hour emergency monitoring service for added peace of mind.

If you are interested please call (250) 367-9870

- Meals
- Shuttle Bus
- Activities
- Maintenance
- Housekeeping

THANK YOU TO OUR SUPPORTING PARTNERS



SEPTEMBER 2016

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Venues BVM - Beaver Valley Manor FMC - Fruitvale Memorial Centre CLGCC - Champion Lakes Golf & Country Club				1 Seniors Mixed Golf 9:00 am CLGCC	Branch Meeting 1:30 pm BVM	2 Senior Men's Golf 9:00 am CLGCC	3
4	5 Bingo 1:00 pm BVM	6	7	8 Seniors Mixed Golf 9:00 am CLGCC Seniors' Ukulele Class 1:00 pm - 3:00 pm FMC - Beaver Room	9 Senior Men's Golf 9:00 am CLGCC	10	
11	12 Seniors Coffee 10:30 am FMC Bingo 1:00 pm BVM	13	14 Ceramics 9:00 am - Noon BVM	15 Seniors Mixed Golf 9:00 am CLGCC Seniors' Ukulele Class 1:00 pm - 3:00 pm FMC - Beaver Room	16 Senior Men's Golf 9:00 am CLGCC Last Day to Register for the Toonie Lunch	17	
18	19 Bingo 1:00 pm BVM	20 Toonie Tuesday Lunch 12:30 pm FMC Carpet Bowling 10:00 - 11:30 am BVM	21 Ceramics 9:00 am - Noon BVM	22 Seniors Mixed Golf 9:00 am CLGCC Seniors' Ukulele Class 1:00 pm - 3:00 pm FMC - Beaver Room	23 Senior Men's Golf 9:00 am CLGCC	24	
25	26 Bingo 1:00 pm BVM	27 Carpet Bowling 10:00 - 11:30 am BVM	28 Ceramics 9:00 am - Noon BVM	29 Seniors Mixed Golf 9:00 am CLGCC Seniors' Ukulele Class 1:00 pm - 3:00 pm FMC - Beaver Room	30 Senior Men's Golf 9:00 am CLGCC		

BLACK = Fruitvale Senior Citizens Branch 44
 - \$15 membership required for events at BV Manor
 - Contact Wilbur Worstradowski, 250-368-4946

RED = Beaver Valley Age Friendly
 - No membership required for the Age Friendly events
 - Contact Vickie Fitzpatrick, 250-367-7124

BLUE = Community Events
 - May or may not have a fee associated with event
 - Contact the event organizer

If you have a seniors' event you would like posted on the *Age Friendly Event Calendar*, please contact Vickie Fitzpatrick at 250-367-7124 or the Village Office at 250-367-7551 or send your event information to info@village.fruitvale.bc.ca