

BEAVER VALLEY AGE FRIENDLY COMMUNITY

JUNE 2020 BEAVER VALLEY AGE FRIENDLY NEWSLETTER

Thankfully, our Beaver Valley Seniors are staying well with the support of family, friends and various groups during this difficult time. Beaver Valley community members who are interested in volunteering to support seniors in your local community or if you are a senior in need of non-medical support, please contact our **Lower Columbia Better at Home Coordinator**, **Stephanie Haukaas**, at **250-364-2326**.

COVID government subsidy information: https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/financial-benefits#individuals

Intergenerational (IG) Day Canada-June 1 - IG Day started in 2010 out of the momentum created by World Elder Abuse Awareness Day (June 15). The Canada Network for Prevention Against Elder Abuse recognizes that isolation and loneliness are the two leading causes of

poor health in Canada for older adults and for young people alike. For seniors, social isolation is also a major risk factor for elder abuse and neglect. BV Age Friendly

acknowledges the benefits of intergenerational partnerships and encourages connections between age groups, as a prevention approach and a way to encourage <u>all-ages</u>-friendly communities. To learn more about <u>World Elder Abuse Awareness Day</u> visit <u>www.bccrns.ca</u>.

June AF Coffee Session - will be held electronically by Zoom video conference on June 16 at 10:30 am. Our newest AF Coordinator, **Shawna Bradford**, will be presenting on **"Elder Abuse and COVID-19 Related Risks"**. Contact the Village of Fruitvale, 250-367-7551 or email info@village.fruitvale.bc.ca, by June 10 to sign up and receive Zoom instructions.

June AF Luncheon - Due to COVID-19, we will be offering 2 meat pies per senior in lieu of our June AF luncheon. To place your order please contact the **Village of Fruitvale**, 250-367-7551 or email at info@village.fruitvale.bc.ca by 2:00pm on June 17. There is no charge for the meat pies, but you must sign up as we need to know the number of meat pies to prepare. **Pick up for meat pies is at the Fruitvale Memorial Centre on June 23 between 1:00-3:00 pm.**

Columbia Basin Trust grant - We were successful in our application to support the BV Age Friendly coffees and luncheons for 2020/21. **When we can resume**, Coffee sessions will be held the first Tuesday of the month in the Montrose Hall and the second Tuesday of the month in the Fruitvale Memorial Centre, both at 10:30 am. BV Age Friendly luncheons will continue to be held the third Tuesday of the month at 12:30 pm at the Fruitvale Memorial Centre with proceeds used to support additional BV Age Friendly activities.

BV Age Friendly Email Address - we have a new address: bvafcoordinator@gmail.com

Community Kitchens programs have been instrumental in helping coordinators reach low income people who are food insecure. If you or someone you know could benefit from this program, please email bycommunitykitchens@gmail.com or call Shawna Bradford, Program Coordinator @ 250-921 -9464. Registration for this program servicing the Beaver Valley, including seniors, is currently open.

BV Age Friendly acknowledges the many **features of Age Friendly communities**: outdoor spaces and buildings, transportation, housing, social participation, respect and inclusion, civic participation and employment, communication and information and community support and health services.

Please see survey information on back of this page: "Talk to Us About Housing Needs" and make your voice heard on seniors' housing needs in our area!











TALK TO US ABOUT HOUSING NEEDS

The RDKB is completing a housing needs assessment to help with planning for the next five years and we need your input!





MAP the need



Tell your housing STORY

Complete the survey for a chance to win one of 20 prizes!

To make your voice heard or for more information, go to: https://jointheconversation.rdkb.com/housing-needs-report



