

# BEAVER VALLEY AGE FRIENDLY COMMUNITY

Age Friendly Seniors' Coordinator  
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## DO YOU KNOW?

Beaver Valley Age Friendly has been very fortunate in applying and receiving grants from Columbia Basin Trust. The grants we receive pay for our monthly lunch and coffee events. One of my tasks as Beaver Valley Age Friendly Coordinator is to create programs that are self-sustainable as we cannot count on receiving grants every year. Our Tuesday lunches will now be referred to as **TOONIE TUESDAY LUNCH**. This means that as you come into the hall for lunch you will be requested to place a TOONIE in our donation box. This will give me an opportunity to see if our TOONIE TUESDAY LUNCH will be able to continue in the future standing on its own!

## SENIORS' LUNCH

April's THANKS FOR BEING OUR SENIORS lunch served 176 smiling faces!!! Thank you to Lila Cresswell for the door prize - Mr. & Mrs. Benzer loved it! Thank you to Kelly Moore for escorting our seniors into the hall and Irma Maslanko for handing out the door prize tickets. Thank you to my MIRACLE MEN Doug Green, Vern Womacks, Gabe Vandermere and Bud Barrett for setting up the hall. Hats off to Larry Fitzpatrick, Carolyn Womacks, Joyce Buckler, Sera Wilcox, Joan Green and Kelly Moore for such a scrumptious lunch and for your hard work cleaning up...THANK YOU! Linda Green and Laurel Moore, thanks for your attention to what needs to be done and for mentoring our Fruitvale Elementary School students, you have done a fantastic job!! To our Fruitvale Elementary students - Paige Marrandino, Jenna Milburn, Zoe Giles, Tansie Arnason, Ava Farias and Madysson Weatherford - THANK YOU for serving our seniors!!!

The next **Toonie Tuesday Lunch** is **Tuesday, May 17<sup>th</sup>, 2016** in the Fruitvale Memorial Centre @ 12:30 pm. **Please register on or before May 13<sup>th</sup>** by calling Hilda 250-367-9960, Koert 250-367-9835, Dave and Irma 250-367-6185 or Vickie 250-367-7124 (leave a message).

## COFFEE WITH VICKIE

Thank you to Dana Burgess, our West Kootenay Seniors Transportation Coordinator who gave a very educational presentation at the last Coffee with Vickie. Dana talked about what the West Kootenay currently has, is working at getting and what it needs to have in the way of transportation. Dana also talked about "Driveable". This was a very interesting coffee gathering and was a great learning curve for me. We had 38 people attend coffee. Thank you to our wonderful FES students, Lexie Browell, Abbe Epp, Rachel Rosse, Gracie Derksen & Sydney Gardner for their great job serving.

Our next **Coffee with Vickie** is on **Monday, May 9<sup>th</sup>, 2016 @ 10:30 am** in the Fruitvale Memorial Centre with Holly Pender-Love as our guest speaker on the topic of wills and pre-arrangements. Holly has been the Certified Pre-Arrangement Counsellor (CPC designation) in the West Kootenay for several years. She travels throughout the region to meet families in their homes in Trail, Castlegar, Nelson, Nakusp and as far west as Grand Forks to discuss wills and pre-arrangements. Holly will have a short 15-minute presentation followed by a material review and a question and answer period.

## BUS TOUR

Our bus tour is scheduled for Monday May 30, 2016. We will be going to visit Baillie Grohman Estate Winery in Creston, BC. Tickets for the Tour are \$10.00 per person and includes bus, lunch and wine tasting. The Nitehawks bus will pick-up at the Montrose Hall @ 10:15 am and the Fruitvale Hall @ 10:30 am. Lunch will be served on the winery's patio and the wine tasting begins right after lunch at 1:30 pm. The bus holds 38 people so tickets are first come first served! You can purchase your ticket at the Village of Fruitvale Office. Please feel free to call Vickie @ 250-367-7124 with any questions you have.

**Mountain Side Village Gives Families Peace Of Mind!**  
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If you are interested please call (250) 367-9870

- Meals
- Shuttle Bus
- Activities
- Maintenance
- Housekeeping

**THANK YOU TO OUR SUPPORTING PARTNERS**



# MAY 2016

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2 Bingo 1:00 pm BVM	3	4 Ceramics 9:00 am - Noon BVM	5 Seniors Mixed Golf 9:00 am CLGCC Seniors' Ukulele Class 1:00 pm - 3:00 pm FMC - Beaver Room	Branch Meeting 11:00 am BVM Cards 1:00 pm BVM	6 Senior Men's Golf 9:00 am CLGCC	7
8	9 Bingo 1:00 pm BVM Seniors Coffee 10:30 am FMC	10	11 Ceramics 9:00 am - Noon BVM	12 Seniors Mixed Golf 9:00 am CLGCC Seniors' Ukulele Class 1:00 pm - 3:00 pm FMC - Beaver Room	Balance Class 11:00 am BVM Cards 1:00 pm BVM	13 Senior Men's Golf 9:00 am CLGCC	14
15	16 Bingo 1:00 pm BVM	17 Toonie Tuesday Lunch 12:30 pm FMC	18 Ceramics 9:00 am - Noon BVM	19 Seniors Mixed Golf 9:00 am CLGCC Seniors' Ukulele Class 1:00 pm - 3:00 pm FMC - Beaver Room	Balance Class 11:00 am BVM Cards 1:00 pm BVM	20 Senior Men's Golf 9:00 am CLGCC	21
22	23 Bingo 1:00 pm BVM	24	25	26 Seniors Mixed Golf 9:00 am CLGCC Seniors' Ukulele Class 1:00 pm - 3:00 pm FMC - Beaver Room	Balance Class 11:00 am BVM Cards 1:00 pm BVM	27 Senior Men's Golf 9:00 am CLGCC May Days Seniors' Tea 1:00 - 3:00 pm BVM	28
29	30 Bus Tour (see reverse) Bingo 1:00 pm BVM	31				<b>Venues</b> BVM - Beaver Valley Manor FMC - Fruitvale Memorial Centre CLGCC - Champion Lakes Golf & Country Club	

**BLACK = Fruitvale Senior Citizens Branch 44**  
 - \$15 membership required for events at BV Manor  
 - Contact Wilbur Worstradowski, 250-368-4946

**RED = Beaver Valley Age Friendly**  
 - No membership required for the Age Friendly events  
 - Contact Vickie Fitzpatrick, 250-367-7124

**BLUE = Community Events**  
 - May or may not have a fee associated with event  
 - Contact the event organizer

If you have a seniors' event you would like posted on the *Age Friendly Event Calendar*, please contact Vickie Fitzpatrick at 250-367-7124 or the Village Office at 250-367-7551 or send your event information to [info@village.fruitvale.bc.ca](mailto:info@village.fruitvale.bc.ca)