

BEAVER VALLEY AGE FRIENDLY COMMUNITY

Age Friendly Seniors' Coordinator
Vickie Fitzpatrick
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SENIORS' LUNCH

Well even on rainy days our seniors brave the elements to attend our TOONIE lunches! Our March lunch was attended by 178 seniors. To our MIRACLE MEN Doug Green, Vern Womacks, Gabe Vandermere and Fran Partiger THANK YOU for doing our set-up! Carolyn Womacks, Joan Green, Joyce Buckler, Eve Loben and Sera Wilcox, once again you outdid yourself - lunch was delicious! Ed Wilcox, THANK YOU for washing ALL the dishes!! Linda Green, Lee-Anne Halifax and Judy Startup, THANK YOU for serving our seniors and for your patience and desire mentoring our students. To our Fruitvale Elementary students Jaden Pearman, Evan Chandler, Owen Cook, Kaylyn Baril, Rannde Wyatt, Anna Shin, Mikhayla Sellers and Faith Hildahl, THANK YOU for being part our Age Friendly Program! To Nolan Piche, THANK YOU for coming to stack the chairs and take out the garbage for us, it was very much appreciated!

Our next **Toonie Lunch** is **Tuesday, April 18th** in the Fruitvale Memorial Centre @ 12:30 pm. **Please register on or before Friday April 14th** by calling Koert 250-367-9835, Dave and Irma 250-367-6185 or Vickie 250-367-7124. The lucky winners of the Artisan Raffle will be drawn and announced at this TOONIE lunch.

COFFEE WITH VICKIE

Our March Coffee had 31 attentive listeners in attendance. A huge THANK YOU to Constable Peter Crockford from the RCMP Crime Reduction Unit who educated us on frauds, scams and much more! We were full of great information from posting too much information on Facebook to just hanging up the phone if you ever have a moment of doubt. We appreciated hearing his informative presentation and the time he took to answer all our questions. THANK YOU to Camryn Haines and Wendy Marten for serving coffee and goodies to us.

Our next **Coffee with Vickie** is on **Monday, April 10 @ 10:30 am** in the Fruitvale Memorial Centre. Rick Hammond will be sharing his expertise on Ancestry. There is no need to register.

POP UP BISTRO FOR MIDLERS

BV Age Friendly was very excited to welcomed 200 middlers to our third Pop Up Bistro for Middlers. Thank you to Columbia Basin Trust for the grant which gave us the means to have this function. A huge **THANK YOU** the following volunteers: Camryn Haines and Cali Piche for set-up, food prep, serving and clean-up - you two did a fabulous job! Larry Fitzpatrick and Wayne Underwood for bartending and clean-up - you both rocked! Colleen Prodaniuk and Ingrid Hope, you both are always silent behind the scenes, very reliable and hard working! Elizabeth Lewis for greeting our guests; and Jan from Jan's D.J. Services for the great music! Without their volunteer help, this great event would never have happened or have been so successful! Lastly, a huge shout-out to all of you that stayed behind and helped us do clean up, you really made our night much easier!!!

SENIORS GYM

ATTENTION GYM USERS: We have run out of entrance cards for the Seniors Gym and will not be purchasing more. If you are not using the gym, we kindly ask that you return your entrance card so that it can be reissued.

We also would like to remind gym users to not loan or transfer your entrance card. We require a signed waiver form with all the necessary information on it before the gym can be use, and if you transfer or loan your pass key, we may not have the waiver form on file.

GYM users are also reminded that a clean pair of sneakers **is required** in order to enter the GYM. **Please DO NOT use your street shoes in the gym area.** On behalf of the volunteers who clean the GYM, thank you for your cooperation.

CBAL TECH LEARNING PLACE

Do you want to learn more about using an iPad, tablet, computer or other device? Here's your chance! The Tech Learning Place is a free weekly drop-in program hosted by the Columbia Basin Alliance for Literacy. Please bring your own device and all your questions to the Fruitvale Memorial Hall on Thursdays from 10:00 - 11:30 am starting April 6 to May 25. For more information please call 250-368-6770 or email trailcoordinator@cbal.org

Mountain Side Village Gives Families Peace Of Mind!

Enjoy maintenance-free living suites that incorporate supportive features to promote independence and 24-hour emergency monitoring service for added peace of mind.

If you are interested please call (250) 367-9870

- Meals
- Shuttle Bus
- Activities
- Maintenance
- Housekeeping

THANK YOU TO OUR SUPPORTING PARTNERS



APRIL 2017



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Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	
<div style="border: 2px solid green; padding: 5px;"> VENUES BVM - Beaver Valley Manor FMC - Fruitvale Memorial Centre </div>			<div style="border: 1px solid blue; padding: 5px; display: inline-block;"> April is Daffodil Month </div>		<div style="border: 1px solid blue; padding: 5px; display: inline-block;"> Canadian Cancer Society </div>		1
2	3 Seniors' Drop-in Bowling 9:00 - 11:00am @ BVL Bingo 1:00pm @ BVM Cards	4 Carpet Bowling 10:00am - Noon @ BVM	5 Ceramics 9:00am - Noon @ BVM Cards 1:00pm @ BVM	6 CBAL Seniors Computer Class 10:00-11:30am @ FMC Income Tax Preparation for low income individuals or couples 9:00 - 11:00 am @ BVM Branch #44 General Meeting 1:00pm @ BVM	7 CLUB 55+ League Bowling 1:00 - 3:00pm @ BVL	8	
9	10 Seniors' Drop-in Bowling 9:00 - 11:00am @ BVL Seniors' Coffee 10:30am @ FMC	11 Age Friendly Games Day 10:00am - Noon @ FMC	12 Ceramics 9:00am - Noon @ BVM	13 CBAL Seniors Computer Class 10:00-11:30am @ FMC Income Tax Preparation for low income individuals or couples 9:00 - 11:00 am @ BVM Cards 1:00pm @ BVM	14 GOOD FRIDAY CLUB 55+ League Bowling 1:00 - 3:00pm @ BVL Last day to register for Toonie Tuesday Lunch	15	
16 EASTER SUNDAY 	17 Seniors' Drop-in Bowling 9:00 - 11:00am @ BVL Bingo 1:00pm @ BVM Cards 7:00pm @ MH	18 Toonie Tuesday Lunch 12:30 @ FMC	19 Ceramics 9:00am - Noon @ BVM	20 CBAL Seniors Computer Class 10:00-11:30am @ FMC Income Tax Preparation for low income individuals or couples 9:00 - 11:00 am @ BVM Cards 1:00pm @ BVM	21 Line Dance 10:00 - 11:00am @ FMC CLUB 55+ League Bowling 1:00 - 3:00pm @ BVL	22	
23 30	24 Seniors' Drop-in Bowling 9:00 - 11:00am @ BVL Bingo 1:00pm @ BVM	25	26 Ceramics 9:00am - Noon @ BVM	27 CBAL Seniors Computer Class 10:00-11:30am @ FMC Income Tax Preparation for low income individuals or couples 9:00 - 11:00 am @ BVM Cards 1:00pm @ BVM	28 CLUB 55+ League Bowling 1:00 - 3:00pm @ BVL	29	

BLACK = Fruitvale Senior Citizens Branch 44
 - \$15 membership required for events at BV Manor
 - Contact Wilbur Worstradowski, 250-368-4946

RED = Beaver Valley Age Friendly
 - No membership required for the Age Friendly events
 - Contact Vickie Fitzpatrick, 250-367-7124

BLUE = Community Events
 - May or may not have a fee associated with event
 - Contact the event organizer

If you have a seniors' event you would like posted on the *Age Friendly Event Calendar*, please contact Vickie Fitzpatrick at 250-367-7124 or the Village Office at 250-367-7551 or send your event information to info@village.fruitvale.bc.ca