



BEAVER VALLEY AGE FRIENDLY

NEWS AND EVENTS FEBRUARY 2017



Age Friendly Seniors' Coordinator
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 or by email vickief@telus.net



SENIORS' COFFEE WITH VICKIE

January's Coffee with Vickie was part of the LIVE & LEARN series. Sandi McCreight attended with information on "How to Identify Abuse and Help Older Adults at Risk". It was a very educational morning. Thank you to our Fruitvale Elementary students Owen Cook, Evan Chandler, Nadja Perreault and Caitlin Speer for serving us coffee and goodies.



Our next **Coffee with Vickie** is on **February 13, 2017** in the Fruitvale Memorial Centre @ 10:30am.

Mark your calendar for our next **LIVE & LEARN** coffee session on **March 13, 2017** with Constable Peter Crockford from the RCMP Crime Reduction Unit.

SENIORS' LUNCH



Our Beaver Valley Age Friendly January Toonie Tuesday lunch "broke a record" - we served 188 seniors which was the largest January service in our four years!!!!

Thanks to my granddaughter Emma Doherty for the soup recipe, which I call EMMA'S SOUP....everyone loved it!!! To our Miracle Men - Fran Partiger, Gabe Vandermere, Vern Womacks, Phil Brooks, Bud Barrett and Roy Plummer - THANK YOU for coming month after month to set up the hall!!!! In the kitchen - Larry Fitzpatrick, Sera Wilcox, Joyce Buckler, Carolyn Womacks, Joan Green, Eve Loben and Kelly Moore (aka Dish Man) THANK YOU....every month you amaze me on how you come together to flawlessly serve hot, delicious food to almost 200 people!!!! Linda Green, Laurel Moore, Nilla Mailey, Lee-Ann Halifax and Patricia Cecchini - you are an amazing team that not only serves our seniors with smiles and care, but you take time to mentor our students - THANK YOU. To our Fruitvale Elementary students Kaylin Baril, Bree Fitzpatrick, Rande Wyatt, Anna Shin, Mikhayla Sellars and Jadun Pearlman - THANKS for serving our seniors. To Irma Maslanko THANK YOU for coming every month to give out door prize tickets!!! To our Beaver Valley Age Friendly Door Man Kelly Moore - you rock and THANK YOU!!

For the past few years Beaver Valley Age Friendly has partnered with Beaver Valley Recreation Seniors' Dinner and Dance, therefore, we will not be having a February Toonie Lunch. We hope you have a great time at the dinner and dance on February 9th.

SENIORS' GAMES DAY

Our very first Seniors' Games Day greeted 6 people, off to a great start! Thanks to Laurel Moore and Carrie Lajeunesse for setting up, playing cards and clean-up afterwards. Mark your calendars and come out and play some games...Hand and Foot, Canasta, Crib, Sequence, Blocks, Rummy, Scrabble, just to name a few! It was a fun couple of hours! The next **Games Day** will be held on **Tuesday, February 21st** from 10:00am - Noon at the Fruitvale Memorial Centre.



SENIORS' IPAD CLASSES



The ladies from the Columbia Basin Alliance for Literacy (CBAL) will be back with iPad lessons for our seniors. Bring your iPad with you to the Fruitvale Memorial Centre on **Mondays** from 10:00-11:30am. Classes run until February 27th (no class on February 13).

Mountain Side Village Gives Families Peace Of Mind!
 Enjoy maintenance-free living suites that incorporate supportive features to promote independence and 24-hour emergency monitoring service for added peace of mind.
 If you are interested please call (250) 367-9870

- Meals
- Shuttle Bus
- Activities
- Maintenance
- Housekeeping

**THANK YOU TO OUR
SUPPORTING PARTNERS**



FEBRUARY 2017



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Monday	Tuesday	Wednesday	Thursday	Friday
		1 Seniors' Curling 10:00am - Noon @ BVCC Cards 1:00pm @ BVM	2 Seniors' Curling 10:00am - Noon @ BVCC Branch #44 General Meeting 1:30pm @ BVM	3 Line Dance 10:00 - 11:00am @ FMC CLUB 55+ League Bowling 1:00 - 3:00pm @ BVL
6 CBAL Seniors iPad Lessons 10:00-11:30am @ FMC Seniors' Drop-in Bowling 9:00 - 11:00am @ BVL Bingo 1:00pm @ BVM	7 Seniors' Curling 10:00am - Noon @ BVCC Carpet Bowling 10:00am - Noon @ BVM	8 Seniors' Curling 10:00am - Noon @ BVCC Ceramics 9:00am - Noon @ BVM	9 Seniors' Curling 10:00am - Noon @ BVCC Cards 1:00pm @ BVM Seniors' Dinner & Dance 5:00pm @ FMC	10 Line Dance 10:00 - 11:00am @ FMC CLUB 55+ League Bowling 1:00 - 3:00pm @ BVL
13 Seniors' Drop-in Bowling 9:00 - 11:00am @ BVL Seniors' Coffee Bingo 10:30am @ FMC 1:00pm @ BVM Cards 7:00pm @ MH	14 Seniors' Curling 10:00am - Noon @ BVCC Carpet Bowling 10:00am - Noon @ BVM	15 Seniors' Curling 10:00am - Noon @ BVCC Ceramics 9:00am - Noon @ BVM Bingo 1:00 pm @ BVM	16 Seniors' Curling 10:00am - Noon @ BVCC Cards 1:00pm @ BVM	17 Line Dance 10:00 - 11:00am @ FMC CLUB 55+ League Bowling 1:00 - 3:00pm @ BVL
20 CBAL Seniors iPad Lessons 10:00-11:30am @ FMC Seniors' Drop-in Bowling 9:00 - 11:00am @ BVL Bingo 1:00pm @ BVM	21 AF Games Day 10:00am - Noon @ FMC Seniors' Curling 10:00am - Noon @ BVCC Carpet Bowling 10:00am - Noon @ BVM	22 Seniors' Curling 10:00am - Noon @ BVCC Ceramics 9:00am - Noon @ BVM	23 Seniors' Curling 10:00am - Noon @ BVCC Cards 1:00pm @ BVM	24 Line Dance 10:00 - 11:00am @ FMC CLUB 55+ League Bowling 1:00 - 3:00pm @ BVL
27 CBAL Seniors Computer Lessons 10:00-11:30am @ FMC Seniors' Drop-in Bowling 9:00 - 11:00am @ BVL Bingo 1:00pm @ BVM	28 Seniors' Curling 10:00am - Noon @ BVCC Carpet Bowling 10:00am - Noon @ BVM	<div style="border: 2px solid blue; padding: 10px;"> <p>VENUES</p> <p>BVM - Beaver Valley Manor BVCC - BV Curling Club</p> <p>FMC - Fruitvale Memorial Centre BVL - BV Lanes</p> <p>MH - Montrose Hall</p> </div>		

RED = Beaver Valley Age Friendly

- No membership required for the Age Friendly events
- Contact Vickie Fitzpatrick, 250-367-7124

BLUE = Community Events

- May or may not have a fee associated with event
- Contact the event organizer

BLACK = Fruitvale Senior Citizens Branch 44

- \$15 membership required for events at BV Manor
- Contact Wilbur Worstradowski, 250-368-4946

If you have a seniors' event you would like posted on the *Age Friendly Event Calendar*, please contact Vickie Fitzpatrick at 250-367-7124 or the Village Office at 250-367-7551 or send your event information to info@village.fruitvale.bc.ca