

# BEAVER VALLEY AGE FRIENDLY



## NEWS AND EVENTS JANUARY 2017

Age Friendly Seniors' Coordinator  
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or by email [vickief@telus.net](mailto:vickief@telus.net)



### SENIORS' COFFEE

Our guest speaker Corky Evans spoke to 56 Beaver Valley Seniors at our December coffee party. The talk was very interesting and educational as Corky spoke on his former life in politics as well as the life of the Columbia River and the treaty. Fruitvale Elementary students served at our tea-thank you Jaden, Mikayla, Owen, Kaylyn, Anna, Caitlin, Destiny, and Randy. Also many thanks to the seniors who stayed and helped me clean up, that was so nice of you!

Our next **Seniors' Coffee** will be held on **Monday, January 9<sup>th</sup>, 2017 @ 10:30am** in the Fruitvale Memorial Centre. Sandi McCreight, Seniors Services Coordinator, SOS Seniors Outreach & Support Program, Castlegar Better at Home Program will be our guest speaker at this coffee. Sandi will be bringing PRIME kits and a selection of senior relevant information for the taking. She will also be showing a presentation entitled "It's Not Right". **Registration is not required.**

### SENIORS' LUNCH

December's 'Giving Lunch' served 258 seniors in a festive mood!! The hall was decorated so nice, thanks to Mayor Patricia. To Atco Wood Products and Columbia Power Corporation-THANK YOU for sponsoring our Christmas lunch. Liberty AG Foods-thanks for donating 13 cases of oranges for our seniors' lunch. Alice Wilson, THANK YOU for the beautiful afghan you donated for our first door prize, and to the four women who anonymously donated the other 10 door prizes-THANK YOU. To all the seniors that donated to our TOONIE lunch or the Food Bank at our lunch THANK YOU too. To the RCMP officers that so selflessly gave up 4 hours of their busy day to serve our seniors-THANK YOU. The Seniors' Band played for us before lunch-THANK YOU. Rick Hammond, Gabe Vandermere, Fran Partiger, Doug Green and Morley Levick THANK YOU for all the set up you did to make the hall look so great!!! To Larry Fitzpatrick, Carolyn Womacks, Sera Wilcox, Joyce Buckler, Joan Green, Eve Loban and Kelly Moore (aka DISHMAN) the hard work and delicious food you serve month after month is truly amazing-THANK YOU. Kelly Moore, THANKS so much for greeting our seniors at the door!! Irma Maslanko THANK YOU for coming early every month to hand out door prize tickets! Linda Green, Laurel Moore, Nela Mailey, Lee Anne Halifax and Judy Startup THANK YOU for serving our seniors every month and for keeping those RCMP officers in line!!!

We will kick-off the new year with our Toonie Lunch on **Tuesday, January 17<sup>th</sup>, 2017, 12:30pm at the Fruitvale Memorial Centre.** **PLEASE ENSURE YOU REGISTER ON OR BEFORE FRIDAY, JANUARY 13<sup>TH</sup>, 2017** by calling Hilda 250-367-9960, Koert 250-367-9835, Dave and Irma 250-367-6185 or Vickie 250-367-7124 (leave a message).

### SENIORS' GAMES DAY

Beaver Valley Age Friendly had 26 seniors sign up for Games Day...Canasta, Crib, Board Games, etc. Our first Games Day will be on **Tuesday January 24<sup>th</sup> from 10:00am-Noon at the Fruitvale Memorial Centre.**

### SENIORS' COMPUTER CLASSES

The ladies from the Columbia Basin Alliance for Literacy (CBAL) will be back with computer lessons for our seniors. Bring your tablet, iPad or laptop with you to the Fruitvale Memorial Centre on **Mondays from 10:00-11:30am.** Classes run from January 16<sup>th</sup> to February 27<sup>th</sup> (no class on February 13).

### SENIORS' BOWLING

The Beaver Valley Bowling Club has bowling options for seniors. Drop-in bowling is held on **Mondays from 9:00-11:00am** at the Lanes. You are not required to join a league for drop-in bowling. For those seniors who prefer to be part of a weekly league, there is Club 55+ every **Friday from 1:00-3:00pm.** Registration is a must to bowl with in the Club 55+ league. For more information, please contact the Beaver Valley Bowling Club at 250-367-9111 or email at [info@bvbowlingclub.ca](mailto:info@bvbowlingclub.ca)

### SENIORS' SHUFFLEBOARD

A few months ago BV Seniors Branch #44 obtained a shuffleboard. It is available for use by any seniors in our area. In order to make more seniors aware of this, you are invited to come to the BV Seniors Manor recreation room on **Saturday, Jan. 14, between 10:00 and 11:00am.** If there is sufficient interest, different ways of using the shuffleboard can be considered. For example, teams for league play or tournaments once or twice a month. If you want more information, please phone Bob at 250-367-7603.

### WHIST OR CRIBBAGE GAMES

Area seniors are invited to come play whist or cribbage at the Montrose Hall every second Monday night. Doors open at **6:15pm with games starting at 7:00pm.** Snacks and coffee will be served. The next game night in Montrose is **January 9<sup>th</sup>**; all are welcome.

THANK YOU TO OUR SUPPORTING PARTNERS



# JANUARY 2017

**Mountain Side Village Gives Families Peace Of Mind!**  
 Enjoy maintenance-free living suites that incorporate supportive features to promote independence and 24-hour emergency monitoring service for added peace of mind.  
 If you are interested please call (250) 367-9870

- Meals
- Shuttle Bus
- Activities
- Maintenance
- Housekeeping

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Seniors' Drop-in Bowling 9:00-11:00am @ BVL Bingo 1:00pm @ BVM	<b>3</b> Seniors' Curling 10:00am - Noon @ BVCC Carpet Bowling 10:00am-Noon @BVM	<b>4</b> Seniors' Curling 10:00am -Noon @ BVCC Ceramics 9:00am - Noon @ BVM	<b>5</b> Seniors' Curling 10:00am - Noon @ BVCC Branch #44 Meeting 1:30pm @ BVM	<b>6</b> Line Dance 10:00 - 11:00am @ FMC CLUB 55+ League Bowling 1:00 - 3:00pm @ BVL
<b>9</b> Seniors' Drop-in Bowling 9:00 - 11:00am @ BVL Seniors' Coffee 10:30am @ FMC Bingo 1:00pm @ BVM Cards 7:00pm @ MH	<b>10</b> Seniors' Curling 10:00am - Noon @ BVCC Carpet Bowling 10:00am - Noon @ BVM	<b>11</b> Seniors' Curling 10:00am - Noon @ BVCC Ceramics 9:00am - Noon @ BVM	<b>12</b> Seniors' Curling 10:00am - Noon @ BVCC Cards 1:00pm @ BVM	<b>13</b> Line Dance 10:00 - 11:00am @ FMC CLUB 55+ League Bowling 1:00 - 3:00pm @ BVL Last day to register for the Toonie Lunch
<b>14</b> CBAL Seniors Computer Lessons 10:00-11:30am @ FMC Seniors' Drop-in Bowling 9:00 - 11:00am @ BVL Bingo 1:00pm @ BVM	<b>17</b> Seniors' Curling 10:00am - Noon @ BVCC Carpet Bowling 10:00am - Noon @ BVM Toonie Tuesday Lunch 12:30pm @ FMC	<b>18</b> Seniors' Curling 10:00am - Noon @ BVCC Ceramics 9:00am - Noon @ BVM	<b>19</b> Seniors' Curling 10:00am -Noon @ BVCC Cards 1:00pm @ BVM	<b>20</b> Line Dance 10:00 - 11:00am @ FMC CLUB 55+ League Bowling 1:00 - 3:00pm @ BVL
<b>23</b> CBAL Seniors Computer Lessons 10:00-11:30am @ FMC Seniors' Drop-in Bowling 9:00 - 11:00am @ BVL Bingo 1:00pm @ BVM	<b>24</b> AF Games Day 10:00am - Noon @ FMC Seniors' Curling 10:00am - Noon @ BVCC Carpet Bowling 10:00am - Noon @ BVM	<b>25</b> Seniors' Curling 10:00am - Noon @ BVCC Ceramics 9:00am - Noon @ BVM	<b>26</b> Seniors' Curling 10:00am -Noon @ BVCC Cards 1:00pm @ BVM	<b>27</b> Line Dance 10:00 - 11:00am @ FMC CLUB 55+ League Bowling 1:00 - 3:00pm @ BVL
<b>30</b> CBAL Seniors Computer Lessons 10:00-11:30am @ FMC Seniors' Drop-in Bowling 9:00 - 11:00am @ BVL Bingo 1:00pm @ BVM	<b>31</b> Seniors' Curling 10:00am - Noon @ BVCC Carpet Bowling 10:00am - Noon @ BVM	<b>VENUES</b> BVM-Beaver Valley Manor FMC-Fruitvale Memorial Centre BVCC-BV Curling Club BVL-BV Lanes MH-Montrose Hall		

**RED = Beaver Valley Age Friendly**  
 - No membership required for the Age Friendly events  
 - Contact Vickie Fitzpatrick, 250-367-7124

**BLUE = Community Events**  
 - May or may not have a fee associated with event  
 - Contact the event organizer

**BLACK = Fruitvale Senior Citizens Branch 44**  
 - \$15 membership required for events at the Beaver Valley Manor  
 - Contact Wilbur Worstradowski, 250-368-4946

If you have a seniors' event you would like posted on the *Age Friendly Event Calendar*, please contact Vickie Fitzpatrick at 250-367-7124 or the Village Office at 250-367-7551 or send your event information to [info@village.fruitvale.bc.ca](mailto:info@village.fruitvale.bc.ca)

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