

# Fruitvale & Area 'A' News



Your Community Newsletter

## COMMUNITY HAPPENINGS

JANUARY 2016

### BV RECREATION SENIORS' DINNER

The annual **Beaver Valley Seniors' Dinner** will be held on Thursday, **February 4** at the Fruitvale Memorial Hall. Join us for a social evening of great food and entertainment. Cocktails start at 4:30 pm, Harmaniaks play at 5:30 pm, dinner at 6:00 pm and dancing music at 7:15 pm. A buffet dinner catered by Kim's Creations will get the evening started. Following the meal, sit down and relax or get up and dance to music by Jim Halpin. Tickets are available at the Village of Fruitvale and Village of Montrose offices. The cost is \$10 per person. Please purchase your tickets by January 27, so we can ensure there is enough interest and to avoid event cancellation. For more information or to reserve your table call Kelly at the BV Arena at 367-9319.

### BEAVER VALLEY CROSS COUNTRY SKI CLUB

The Beaver Valley Cross Country Ski Club is holding their annual Bean Feed on Sunday January 31, 2016 from Noon to 3:00 pm at the Champion Lakes cabin. Cost for chili, bun and a beverage is \$5.00. We hope to see all you cross country skiers there!



### BEAVER VALLEY SKATING CLUB

The Beaver Valley Skating Club is accepting registrations for the 2016 Winter Semester which runs from January 4, 2016 to March 11, 2016.

**PreCanskate:** Mondays: 3:45-4:15 pm - \$75

**Canskate:** Monday and Friday: 3:45-4:45 pm - \$225

A \$32 Skate Canada Registration fee is required (if not already paid in Sept 2015) Registration forms available online at [www.beavervalley skating.ca](http://www.beavervalley skating.ca) If you have any questions, please contact: Keri Ferguson 250-367-2226; Mandy Paulsen 250-367-9772 or Dominic Verhelst 250-367-0040.

### MEAT PIE FUNDRAISING EVENT

The BV Age Friendly and the BV Youth Club are partnering on a meat pie fundraising event this month. They will be making and selling 500 individual meat pies with all the proceeds being split between both groups for their programs.



Order forms will be available at the Kootenay Savings Credit Union - Fruitvale Branch, the Village of Fruitvale Office or from Tammy Gallamore and Vickie Fitzpatrick. Cost per meat pie is \$4.00 each and must be prepaid. Your order form and payment must be returned no later than **Tuesday January 12, 2016** and fresh meat pies will be ready for pick-up on **Friday January 15, 2016** from 3:30 - 7:30 pm at the Fruitvale Memorial Hall.

Thank you to Columbia Power Corporation and KSCU for contributing financially to this fundraising event.

### FOOD DRIVE CHALLENGE

On November 25th, members from the Kootenay Boundary Regional Fire Rescue Company #6 Fruitvale canvassed the community in the fire trucks collecting food and monetary donations for the Beaver Valley Food Bank. **THANK YOU** to the public for your generosity and to the BV Guides for helping us out!



### JINGLE DOWN MAIN

Thank you to the community for coming out and sharing the holiday season kick-off on December 4<sup>th</sup>. The food, fire, sliding hill, and horse-drawn wagon rides were enjoyed by all. And of course, our special visitor, Santa, made an appearance in the Santa Village to help us get in the holiday spirit. Events like this rely on our wonderful community volunteers, service clubs and business sponsors. **A big thank you goes out to the set-up and take-down volunteers, the safety flaggers, Columbia Power Corporation, FortisBC, RDKB Electoral Area A, BV Rotary Club, Kootenay Boundary Regional Fire Rescue Company #6 Fruitvale, Liberty Foods, KSCU, the talented musicians and performers, the food vendors, and all the businesses that supported the event.** See you next year!

### BREAKFAST WITH SANTA AND THE JINGLE EXPRESS

A **HUGE** thank you to Kelly Walker and Beaver Valley Recreation for hosting the annual Breakfast with Santa and Scott and Rebecca Weatherford from Atco Wood products for hosting the Jingle Express train rides held on December 5<sup>th</sup>. We've heard nothing but excellent reviews from participants of these two events. Both events had record turn-outs! It is wonderful to have such community spirit in the Beaver Valley!



### COMMUNITY SPIRIT

A local group comprised of Councillor James Ellison, Catherine Ellison, Brian Charlebois and Janice Grieve sold perogies during Jingle Down Main. Thanks to everyone who purchased a plate of perogies, the group was able to raise \$250.00 for the Community Chest. And, thanks to the Scotiabank's Bright Futures Community Volunteer Matching Funds Program, the Community Chest received \$250.00 from Scotiabank.



Pictured l to r: Councillor James Ellison, Catherine Ellison, Brian Charlebois, Scotiabank Branch Manger Elin Mahon, and Janice Grieve

The group would like to wish the community all the best in 2016!

**COMMUNITY HAPPENINGS**

**ALCOHOLICS ANNONYMOUS (Fruitvale)**

The Fruitvale AA group meets every Sunday night at 8:00 pm at the St. Andrews Anglican Church (Columbia Gardens Road and Martin Street). For more info, call Marty at 250-367-6325.

**COMMUNITY CHEST**

The Community Chest and the Food Bank coordinate the effort at Christmas to try to ensure that all in need get a hamper and ease the load on the Food Bank during the holiday period. None of this is possible without the financial support of local governments, businesses and a very generous community plus some very energetic volunteers. Thank you all for your generosity!!



**SNOW BUSTERS PROGRAM**

Grab your shovels and snow blowers and lend a hand in your community. From the first snowfall there are residents in the Village that find it a challenge keeping their driveways and sidewalks free of snow and ice, particularly Seniors or a disabled neighbour. Be a **Snow Buster** by shovelling the snow and ice for them. Do you have a neighbour who regularly clears snow for you? Nominate your neighbour as a Snow Buster by emailing their name to [info@village.fruitvale.bc.ca](mailto:info@village.fruitvale.bc.ca) or pick up a form at the Village Office. At the end of the season your Snow Buster will be eligible to win a gift certificate from a local business.



**BEAVER VALLEY LIBRARY PROGRAMS**

**Preschool Hour**

Theme: Winter Wonderland  
Jan. 12 to March 1, 2016  
Tuesdays 10 – 11am  
Ages 3-5

**After School Craft Hour**

Theme: Winter Wonderland  
Jan. 13 - March 2, 2016  
Wednesdays 2:30 - 3:30 pm  
Ages 6-12



**BEAVER VALLEY RECREATION PROGRAMS**

**Beaver Valley Recreation has the following programs starting in January:**

Zumba, T-Ball, Kids Soccer, Chito-Ryu Karate, Zumba Gold, Home Alone, Low Impact Aerobics, Chair Boxing Fitness Class, Tiny Tot Skating, Line Dance, Cooking without Mom JR. (ages 7-8), Yoga, Cooking without Mom (ages 9-14), Hot Shots Hockey, Mom & Baby Let's Get Fit, Kids Time with Sticks & Pucks, Glow Skate, and Skate with the Nitehawks.

To register for any of the above programs or for more information, please call Kelly at 250-367-9319.

**Birthday Parties** can be booked during any public skating session for \$50. Cost includes up to 12 kids (\$2.50 for each additional child), skate rentals, birthday party room and insurance.

**Skating Punch Passes** – are now available for youth (\$20), adult (\$28) and family (\$72)



**DOG LICENSES**  
Don't forget to purchase your dog's license (tag) this month.

**VILLAGE NEWS**

**MISSING FROM THE FRUITVALE MEMORIAL HALL**

A blue Rubbermaid container with decorative battery-operated lanterns inside is missing from the media room off the stage at the Fruitvale Memorial Hall. It's possible the container was taken by mistake by a renter or someone helping clean-up the hall after a function. Please, if you recently rented or helped clean up after a function, check to see if you have this container, and if so, please return it to the Village Office as the lanterns were borrowed and need to be returned to the owner. Thank you for helping us find it.

**SNOW REMOVAL**

The public works department would like to remind residents of the following regarding snow removal:

- please do not push snow from your property out into the streets. We would hate to have to charge you for clearing it away.
- property owners are expected to clear sidewalks in front of their property to allow for safe pedestrian passage.
- **property owners must provide parking off the streets and boulevards.** Parked vehicles or equipment which continually impedes snow clearance will be towed away at the owner's expense. If you receive a notice regarding parking, please move the vehicle as it is a safety concern.

**RDKB AREA 'A' NEWS**

The following projects were completed in 2015 by the Beaver Valley Recreation:

- ◆ Received a grant from Fortis for \$4000.00 for the lighting upgrade in the Beaver Valley Arena;
- ◆ Installed a fire alarm system in the Arena;
- ◆ The Arena was officially granted Occupancy by the Regional Fire Rescue and endorsed by the Office of the Fire Commissioner, Ministry of Transportation and Infrastructure and Emergency Management BC;
- ◆ The Arena received a face lift by way of new paint and signage;
- ◆ The Arena meeting room was updated;
- ◆ The Arena refrigeration plant received a new brine pump;
- ◆ Beaver Valley Recreation along with elected officials held the first BV Appreciation Day at Beaver Valley Family Park;
- ◆ A new playground structure was installed at Mazzochi Park;
- ◆ The shower stalls at Beaver Valley Family Park were upgraded;
- ◆ Completed phase one of the disk golf course at Beaver Valley Family Park;
- ◆ The Beaver Valley Recreation Committee made a one year agreement with the City of Trail for inclusion into the TRP recreation program.

**UPCOMING RDKB MEETINGS**

**Thursday, January 14, 2016** @ 5:00 pm - RDKB Electoral Area Services Committee in the Trail Boardroom

**Thursday, January 28, 2016** @ 6:00 pm - Board of Directors in the Grand Forks Boardroom

**Wednesday January 13, 2016** @ 8:00 pm - Committee of the Whole in the Trail Boardroom

# JANUARY 2016

## Mountain Side Village Gives Families Peace Of Mind!

Enjoy maintenance-free living suites that incorporate supportive features to promote independence and 24-hour emergency monitoring service for added peace of mind.

If you are interested please call (250) 367-9870

- Meals
- Shuttle Bus
- Activities
- Maintenance
- Housekeeping

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<b>VENUES</b> BVM - Beaver Valley Manor FMC - Fruitvale Memorial Centre		<h1>HAPPY NEW YEAR</h1>			1	2
					<b>NEW YEAR'S DAY</b>	
3	4 Yoga 9:30 - 10:30 am 10:45 am - Noon BVM Bingo 1:00 pm BVM	5	6 Ceramics 9:00 am - Noon BVM	7 Balance Class 11:00 am @ BVM Cards 1:00 pm @ BVM Seniors iPad 10:00 am - Noon FMC	8 Line Dance 10:00 - 11:00 am FMC	9
10	11 Yoga 9:30 - 10:30 am @ BVM 10:45 am - Noon @ BVM Bingo 1:00 pm @ BVM Coffee with Vickie 10:30 am FMC	12 Deadline to order individual meat pies (See page 1 of the Fruitvale newsletter or call Vickie, 250-367-7124 for more information)	13 Ceramics 9:00 am - Noon BVM Cards 1:00 pm BVM DEADLINE TO REGISTER FOR SENIORS LUNCH	14 Balance Class 11:00 pm BVM Branch 44 General Meeting 1:30 pm BVM	15 Line Dance 10:00 - 11:00 am FMC Pick up meat pie orders at FMC between 3:30 - 7:30 pm	16
17	18 Yoga 9:30 - 10:30 am @ BVM 10:45 am - Noon @ BVM Bingo 1:00 pm @ BVM AGE FRIENDLY LUNCH 12:30 pm @ FMC	19 Carpet Bowling 10:00 - 12:00 am BVM	20 Ceramics 9:00 am - Noon BVM	21 Balance Class 11:00 pm @ BVM Cards 1:00 pm @ BVM Seniors iPad 10:00 am - Noon FMC	22 Line Dance 10:00 - 11:00 am FMC	23
24	25 Yoga 9:30 - 10:30 am 10:45 am - Noon @ BVM Bingo 1:00 pm @ BVM	26 Carpet Bowling 10:00 - 12:00 am BVM Cancer Screening Workshop 1:00 pm BVM	27 Ceramics 9:00 am - Noon BVM DEADLINE TO PURCHASE SENIORS' DINNER TICKETS	28 Balance Class 11:00 pm @ BVM Cards 1:00 pm @ BVM	29 Line Dance 10:00 - 11:00 am @ FMC	30
31						

**BLACK = Fruitvale Senior Citizens Branch 44**  
 - \$15 membership required for events at BV Manor  
 - Contact Wilbur Worstradowski, 250-368-4946

**RED = Beaver Valley Age Friendly**  
 - No membership required for the Age Friendly events  
 - Contact Vickie Fitzpatrick, 250-367-7124

**BLUE = Community Events**  
 - May or may not have a fee associated with event  
 - Contact the event organizer

If you have a seniors' event you would like posted on the *Age Friendly Event Calendar*, please contact Vickie Fitzpatrick at 250-367-7124 or the Village Office at 250-367-7551 or send your event information to [info@village.fruitvale.bc.ca](mailto:info@village.fruitvale.bc.ca)

# BEAVER VALLEY AGE FRIENDLY COMMUNITY

Age Friendly Seniors' Coordinator  
Vickie Fitzpatrick  
250.367.7124 or by email  
vickief@telus.net



## DO YOU KNOW how to reduce your energy consumption?

While you're away, place containers of water on the empty shelves; a full fridge runs more efficiently. When you return, instead of dumping out the water, use it to water your plants.

Hang clothes indoors with your retractable clothesline OR if you choose to use your clothes dryer, place a *dry towel* in with your wet clothing. The dry towel will absorb some of the moisture and your clothes won't need to be in the dryer as long.



For more energy saving tips as well as information on rebates and your Energy Savings Kit visit

<http://www.fortisbc.com/Rebates/SavingEnergy/SavingEnergyAtHome/Pages/default.aspx> and <http://www.fortisbc.com/Rebates/RebatesOffers/EnergySavingKit/Pages/default.aspx>

## SENIORS' LUNCH

Our December 'Thanks for Being Our Seniors' lunch greeted 262 smiling faces! To our 'Miracle Men' Doug Green, John Wurflinger, Ed Wilcox, Vern Womacks, Gabe Vandermere, Phil Brooks and Bud Barret, you did a fantastic job setting up and decorating our tables and fixing the icicle lights - the hall looked absolutely beautiful! THANK YOU...THANK YOU!!! Our servers Linda Green, Laurel Moore, Lee-Anne Halifax and Mayor Patricia, thanks for your smiles and hard work, you did and always do an incredible job!!!! To the RCMP officers you put the 'Amazing' into our lunch, Thank you! Irma Maslanko thanks so much for handing out the door prize tickets! In the kitchen ticking steady like a clock were Larry Fitzpatrick, Carolyn Womacks, Joyce Buckler, Sera Wilcox, Joan Green and Kelly Moore. Not only did you serve 262 people a hot delicious lunch, you worked so hard on the kitchen clean up, with smiles on your faces all in the spirit of giving! I am in awe of what you do in that kitchen month after month! To Tabatha Webber, thanks for taking care of the coffee house and swinging in and helping WASH DISHES!!!! To our crew that put up chairs and cleaned the tables, John and Wendy Wurflinger, the RCMP crew and all our servers - you were like the "EverReady Bunny, you just kept going and going" THANK YOU! **This was the biggest lunch we have ever done!** We have come a long way in three years! I am so proud to work with all our VOLUNTEERS who show up month after month and put their all into what we do!

**Thank you to Columbia Power for sponsoring our Christmas lunch! Thank you to Marino Wholesale for your support! Thank you to Liberty Foods for your support! Thanks to Shaw Cable for taking the time to share in showing off our Seniors! Thank you to Geoff Fontes for showing off our volunteers and our event!** I say this often and will say it again, **"I LOVE WHERE I LIVE!"**

Due to a personal commitment, the January lunch will be held on **Monday January, 18 2016** in the Fruitvale Memorial Centre at **12:30 pm**; please register on or before January 13, 2016 by calling Hilda 250-367-9960, Koert 250-368-9835, Dave and Irma 250-367-6185 or Vickie 250-367-7124.

## COFFEE WITH VICKIE - SENIORS' TALK

On December 7, 2015 we had a very jam packed coffee party. Sandy McCreight came and gave out PRIME packages and other information packages for seniors. Dini from FortisBC came and shared information on how to apply for energy saving kits and tips on saving energy in our homes. Once again the Fruitvale Elementary students Paige Marrantino, Gracie Derksen, Lexie Browell, Abby Epp, Sydney Gardner, and Marci Brooks did a fabulous job serving!

**January 11, 2016** will be our next coffee in the Fruitvale Memorial Centre at 10:30 am. Our guest speakers will be Lila Cresswell, speaking on property tax deferral, seniors renovation tax credits and other benefit programs for seniors, and our local Pharmacist Aaron Hunchak will be there to educate us on prescription medications and answer any questions you may have. We hope to see you there!

## SENIORS' UKULELES

Are you interested in learning to play the ukulele? Iain and Terry Stark are self taught ukulele players who live in Montrose and are interested in joining other senior 'uke' players in the Valley, maybe even meeting up once a week to socialize, play and learn. If this interests you, contact them at [tlstark@shaw.ca](mailto:tlstark@shaw.ca) or [ihstark@shaw.ca](mailto:ihstark@shaw.ca) or 250-367-9707.

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THANK YOU TO OUR SUPPORTING PARTNERS



Electoral Area A

